

At-home reading coach: Week 3 and 4 plan

Welcome, at-home reading coach!

If you are just starting your coaching, you may want to start with the Week 1 and 2 plan. Find it on [Springboard Collaborative's resource page](#). Or dive right into Week 3.

Here's how it works: You're going to set a goal to spend time reading together and to make sure your child reads on their own EVERY DAY. Aim for 20 minutes of reading and talking together and 15 minutes of your child reading on their own (30 mins if they're 9 or older). When you reach your goal for the week (or even the day), take a moment to celebrate! Do something fun together, and tag us on twitter @SpringboardNTL or on Instagram @springboard_collaborative so we can celebrate with you!

As you read together, try a different reading tip each week. This keeps your reading together time fresh and gives your child a new reading skill to focus on each week.

Your child can also play word games or read articles on their own. We've included lots of links in the coaching plan below.

A final note: you can do this. In this rapidly changing world, reading together will help your child create some calm in the crisis. Don't focus on whether you're "doing it right." Focus instead on talking and reading with your child. That IS doing it right!

Resources for free reading materials

- Local library (if you have a library card)
- <https://www.raz-kids.com/> (You need to register but you get a free trial for 30 days)
- <https://www.readworks.org/> (need to register but it's free)
- <https://rivet.area120.com/>
- <https://www.starfall.com/h/>
- <https://www.wilbooks.com/free-resources-free-online-books>
- <https://freekidsbooks.org/subject/wordless/>
- <https://www.uniteforliteracy.com/>
- <https://newsela.com/> (need to register but it's free)
- <https://www.readworks.org/> (need to register but it's free)

Week 3 coaching plan

Reading tip of the week: Feeling frustrated? That's ok		
Monday	Tuesday	Wednesday
<p>This week you're going to help your child enjoy reading even when it's a little bit hard. Watch the video here. Then choose a book and start reading!</p> <p>Don't have a book at home? Here is an e-book for your child:</p> <ul style="list-style-type: none"> • K: Sammy's Picnic • 1: Pluto, the Dwarf Planet • 2: Cell Phone Games • 3: Tablecloth Pull Challenge <p>When your child is doing their alone-time reading, remind them to choose a book that they are able to read on their own. Have your child finish with 10 minutes of word games here (completely optional!).</p> <p>Need some more help with this tip? See the reading tip summary sheet at the end of the guide.</p>	<p>Today you can help your child choose the right book by asking if the words look hard or easy. Pick a book and help them discover if they can read the book alone or need your help!</p> <p>Don't have a book at home? Here are some e-books:</p> <ul style="list-style-type: none"> • K: Family vs. My Family • 1: Polar Bear Adaptations • 2: Would You Step Out into Space? • 3: Time for Turtles <p>When your child is doing their alone-time reading, remind them to slow down to figure out the words.</p> <p>Have your child finish with 10 minutes of word games here (completely optional!).</p> <p>Need some more help with this tip? See the reading tip summary.</p>	<p>Today ask your child to color three circles: one red, one green, and one yellow. When they begin to read, hold up each circle like it's a stoplight. Hold up green until your child comes to a place in the book where they need to slow down, then hold up the yellow circle. To pick up the pace, hold up the green circle again. Use the red circle to signal when you need to stop and work on something together.</p> <p>Need a book?</p> <ul style="list-style-type: none"> • K: Why Do I Have Bones? • 1: Pancakes for Breakfast • 2: Everyone Counts in the 2020 Census • 3: 17 Most Intelligent Animals in the World <p>When your child is doing their alone-time reading, remind them to reread sentences that are hard for them.</p> <p>Help your child connect with their mind and body by following along with a musical yoga class!</p>

Week 3 coaching plan continued

Reading tip of the week: Feeling frustrated? That's ok	
Thursday	Friday
<p>Today when you focus on helping your child minimize frustration, ask things like:</p> <ul style="list-style-type: none"> • This story is a little confusing. Can you tell me what's going on in the story? What do we need to do to understand it better? • There are a lot of words on this page. Can you read again, and this time make your voice match the characters better? Let me show you what I mean (then demonstrate with a read aloud). <p>Need a book?</p> <ul style="list-style-type: none"> • K: Little Rabbit is Sad • 1: Make Your Bed • 2: Make Believe Box • 3: How the Tiger Got His Stripes <p>When your child is doing their alone-time reading, remind them to think about what is going on in the story.</p> <p>Are you using this week's reading tip? Post a video to Facebook and tag @Springboard Collaborative and the hashtag #ReadFor15!</p>	<p>Today, help your child practice an activity (dance, sports, music, etc.)! Acknowledge that learning something new is hard, use questions to help them get past their frustration, show them how to do it (if you can), and encourage them to keep going!</p> <p>Read a story aloud to your child and focus on reading being joyful! For a change of pace, sit down and listen to read aloud with your child. Find one here read by a professional actor!</p> <p>When your child is doing their alone-time reading, watch for a few minutes and see if they can work through frustrating moments using the skills that they have learned.</p>

Week 4 coaching plan

Reading tip of the week: Scoop		
Monday	Tuesday	Wednesday
<p>This week you're going to help your child to sound like a storyteller by "scooping up" words into phrases and sentences. Watch the video here. Then choose a book and start reading!</p> <p>Don't have a book at home? Here is an e-book for your child:</p> <ul style="list-style-type: none"> • K: Happy • 1: We the Children • 2: The Busy Bee • 3: Bake Cool Cakes in the Microwave <p>When your child is doing their alone-time reading, remind them to try scooping the words rather than reading them one by one. Have your child finish with 10 minutes of word games here (completely optional)!</p> <p>Need some more help with this tip? See the reading tip summary</p>	<p>Today you can help your child warm-up, pause, and do a practice read-through to figure out any new words. Then encourage them to re-read and scoop up the words into fluid phrases and sentences. Want to hear other kids reading fluently? Find a video of kindergarten, first grade, second grade, and third grade.</p> <p>Don't have a book at home? Here are some e-books:</p> <ul style="list-style-type: none"> • K: Something New to Do • 1: Lost and Found • 2: How to Draw Funny Spaghetti and Meatballs • 3: The Wild Parrots of San Francisco <p>When your child is doing their alone-time reading, remind them to warm up and then re-read.</p> <p>Have your child finish with 10 minutes of word games here (completely optional!).</p> <p>Need some more help with this tip? See the reading tip summary.</p>	<p>Today try to play "Save the Robot!" Take turns being the robot that gets "saved" and turned into a human.</p> <ul style="list-style-type: none"> • First, whoever is the "robot" reads aloud a sentence (or page) in their best robot (choppy, word-by-word) voice. • Then their partner looks for the magic button on the robot. Is it on their back? On the bottom of their shoe? When they push the button, the robot turns into a human! • As a new human, the robot can't wait to read the sentence in their new human (smooth) voice. <p>Switch roles and play again with a new page.</p> <p>Need a book?</p> <ul style="list-style-type: none"> • K: Play Ball! • 1: Play Dough Fun • 2: Why Do You Like Being a Kid? • 3: Try Not to Laugh Challenge <p>When your child is doing their alone-time reading, you can invite them to try</p>

		<p>switching from “robot voice” to scooping.</p> <p>Optional activity: Create a Robot</p> <p>Build a robot out of household materials (empty cardboard boxes, cans, paper towel rolls) or draw a robot on a piece of paper. Don’t forget to name your robot and decide what it’s special skills are.</p>
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Week 4 coaching plan continued

Reading tip of the week: Scoop	
Thursday	Friday
<p>Today when you practice scooping, concentrate on helping your child sound like a storyteller. Ask things like:</p> <ul style="list-style-type: none"> • Can you read those words in a phrase? • Did that scooping sound like talking? • Can you try putting it all together? <p>Don't forget to give positive feedback and celebrate small successes!</p> <p>Here are some e-books to read:</p> <ul style="list-style-type: none"> • K: Moving at the Zoo • 1: Is This a Wild Animal? • 2: Space • 3: Awesome Animal Jokes <p>When your child is doing their alone-time reading, remind them to slow down, figure out the words, and then re-read like a storyteller.</p> <p>Are you using this week's reading tip? Post a video to Facebook and tag @Springboard Collaborative and the hashtag #ReadFor15!</p>	<p>Today, in addition to scooping while reading, try inviting your child to talk like you. You may be surprised how you sound to them! Then you can take turns trying to talk like another adult you both know. If you want, you could both try to talk like someone famous. Your child may really enjoy doing celebrity impressions!</p> <p>Then read a story aloud to your child, pausing to talk about how you scoop up all the words together. Want to listen to a story with silly voices? Find one here.</p> <p>When your child is doing their alone-time reading, watch for a few minutes and then ask them to pause and read aloud while scooping the words. See if they can do it with just a little help from you.</p>

Learn the strategy

Reading tip: **Feeling frustrated?** **That's ok!**

1. **Acknowledge difficulty:** Tell your child that this is hard! Knowing you understand, helps.
2. **Ask questions:** Use gentle questions to coach your child to figure out the word, understand the story, or sound like a storyteller.
3. **Answer your own question(s):** If your child is having trouble answering the question, model an answer yourself.
4. **Encourage re-reading:** Invite your child to return to the beginning of the sentence and do it again, this time with their new knowledge.

We try our best to help young readers pick a book that's right for them. But even then, reading can feel hard and frustrating! Use these steps to help reading be little bit hard and a lot of possible and enjoyable.

Ask your child

To minimize frustration, help your child *pick the right book*:

- Do the words in that book look hard or easy?
- Is this a book you would want to read alone or is this one you could use my help with?
- How do you feel when reading this book?
- Does it feel too easy, just-right, or hard?

To help your child *monitor their frustration* as they read:

- Can we break that word into smaller words?
- Let's slow down and figure this word out. How can we do this?
- What's going on in the story right now? What do we need to understand?
- Look at the punctuation. Can you make your voice match what's going on here?

Interact & play

Make your own "Reading Stoplight." Cut out three circles. Color them red, yellow, and green.

As your child is reading, hold up the "green light" as you hear everything going along great. Then, hold up the "red light" when you want to stop and work on something. When your child backs up and rereads, hold up the "yellow light". When they start reading again, hold up the "green light."

Your child could also use the circles to signal to you when they need help.

Flagging trouble spots:

- Sometimes young readers try to choose chapter books even though they aren't quite ready for them. Instead of saying "no," ask questions to see if they can read and understand it. Then, say something like, *We can read it another day or read it as a "together book" where I'll do most of the reading and you can listen and follow along!*

Practice in the real world

Your child is probably trying to learn lots of new things, not just reading. In any activity—like sports, music lessons, or school subjects—there are bound to be frustrating moments.

Think about using this tip to help your child through any frustration. Acknowledge that learning something new is hard, use questions to help them get past their frustration, show them how to do it (if you can), and encourage your child to keep going!

My thoughts and questions 



Learn the Strategy

Ask your child

Reading tip: **Scoop**

1. **Yellow light: warm-up:** Help your child pause and do a practice read through. Figure out any words.
2. **Scoop phrases:** With your child, practice scooping their finger under the words to mentally make phrases. Remember—don't sound like a robot!
3. **Greenlight: GO:** Invite your child to put it all together. Read the sentence as smoothly and "scooped" as possible.

With this tip, you'll coach your child to sound more like a storyteller by showing them how to "scoop" together a few words to make a phrase. This helps your child avoid the "robot voice" and move from choppy word-by-word reading to the more fluent, reading-in-phrases reading.

- Yellow light! Let's pause/slow down and figure out the words.
- Great job solving those words. Now, let's scoop.
- Can you read those words in a phrase?
- Did that scooping sound like talking?
- Can you try putting it all together?
- Awesome job reading like a storyteller. Remember to push your eyes ahead while you scoop to see what's coming!

Interact & Play

Practice in the Real World

Play "Save the Robot!" Take turns being the robot that gets "saved" and turned into a human.

- First, whoever is the "robot" reads aloud a sentence (or page) in their best robot (choppy, word-by-word) voice.
- Then their partner looks for the magic button on the robot. Is it on their back? On the bottom of their shoe? When they push the button, the robot turns in to a human.
- As a new human, the robot can't wait to read the sentence in their new human (smooth) voice.
- Switch roles and play again with a new page.

One of the things that makes our voice "sound like us" is the way we phrase things. Invite your child to try to talk like you. You may be surprised how you sound to them!

Then take turns trying to talk like another adult you both know. If you want, you could both try to talk like someone famous. Your child may really enjoy doing celebrity impressions!

Tips & tricks

- Use an eraser from a pencil to draw scoop lines below phrases in books (you don't ruin the book and you can actually SEE the scoop).
- With young children, focus more on the "yellow-light" warm up while they are still trying to solve the words and not scooping them together too fast.

My thoughts and questions 

