

At-home reading coach: Week 1 and 2 plan

Welcome, at-home reading coach!

With so many school closures, you're probably wondering how you can help your child stay on track in their reading. We're here to help! We have everything you need to help YOU be your child's at-home reading coach.

Here's how it works: You're going to set a goal to spend time reading together and to make sure your child reads on their own EVERY DAY. Aim for 20 minutes of reading and talking together and 15 minutes of your child reading on their own (30 mins if they're 9 or older). When you reach your goal for the week (or even the day), take a moment to celebrate! Do something fun together, and tag us on twitter @SpringboardNTL or on Instagram @springboard_collaborative so we can celebrate with you!

As you read together, try a different reading tip each week. This keeps your reading together time fresh and gives your child a new reading skill to focus on each week.

Your child can also play word games or read articles on their own. We've included lots of links in the coaching plan below.

A final note: you can do this. In this rapidly changing world, reading together will help your child create some calm in the crisis. Don't focus on whether you're "doing it right." Focus instead on talking and reading with your child. That IS doing it right!

Places to find free e-books:

- Local library (if you have a library card)
- <https://www.raz-kids.com/> (You need to register but you get a free trial for 30 days)
- <https://www.readworks.org/> (need to register but it's free)
- <https://rivet.area120.com/>
- <https://www.starfall.com/h/>
- <https://www.wilbooks.com/free-resources-free-online-books>
- <https://freekidsbooks.org/subject/wordless/>
- <https://www.uniteforliteracy.com/>
- <https://newsela.com/> (need to register but it's free)
- <https://www.readworks.org/> (need to register but it's free)

Week 1 coaching plan

Reading tip of the week: Take a book walk		
Monday	Tuesday	Wednesday
<p>This week, you're going to be previewing the book with your child. Watch this video to see how it's done. Then take a book walk with a book.</p> <p>Don't have a book at home? Here is an e-book for your child</p> <ul style="list-style-type: none"> • K: It's Spring • 1: Big Sister • 2: Paleontology with Penelope • 3: various options <p>After taking the book walk, read the book with your child.</p> <p>When your child is doing their alone reading time, remind them to "take a book walk" before they begin. Have your child finish with 10 minutes of word games here (completely optional!).</p> <p>Need some more help with this tip? Check out the reading tip summary on the last page of this plan.</p>	<p>Today, when you take a book walk, try to "plant" one of the words from the book—that is, talk about the word and what it means before you start reading.</p> <p>Don't have a book at home? Here are some e-books:</p> <ul style="list-style-type: none"> • K: Bear draws hats • 1: Is this a Wild Animal? • 2: Katie takes a Trip to the Grand Canyon • 3: Ode to a Donut Oasis <p>When your child is doing their alone reading time, remind them to "take a book walk" before they begin.</p> <p>Have your child finish with 10 minutes of word games here (completely optional!).</p> <p>Need some more help with this tip? Check out the reading tip summary on the last page of this plan.</p>	<p>Today, when you take a book walk, pretend to be the characters you see in each picture. Practice talking in silly character voices. See who can come up with the most interesting idea of what the characters are thinking.</p> <p>Here are some e-books that may work for you:</p> <ul style="list-style-type: none"> • K: Animals Wear Hats • 1: Mr. Bunny's Carrot soup • 2: The Four Friends • 3: Draw Dragon Dot Eyes <p>When your child is doing their alone reading time, remind them to "take a book walk" before they begin.</p> <p>Reading the first-grade e-books? Have your child read this book about veggies!</p>

Week 1 coaching plan continued

Reading tip of the week: Take a book walk	
Thursday	Friday
<p>Today, when you take a book walk, focus on asking your child about the events in the story. Ask things like:</p> <ul style="list-style-type: none"> ● How has the picture changed from the previous page? ● What do you think may happen next? Why do you think that? <p>When you're done with the book walk, flip back through the pictures and say what will happen first, next, and last. Then read and find out if you're right!</p> <p>Here are some e-books that may work for you:</p> <ul style="list-style-type: none"> ● K: I can do it ● 1: The Turnip ● 2: The Woman Runner ● 3: Cup Bow Snake Reflection <p>When your child is doing their alone reading time, remind them to "take a book walk" before they begin.</p> <p>Are you taking a book walk with your child? Post a video and tag us!</p>	<p>Today, instead of doing a book walk, play "Walk me through your favorite day." Ask your child to close their eyes and picture what happened on their favorite day. Then they can describe each part to you. They could also picture what will happen tomorrow (or next week or on a typical weekend day).</p> <p>Next, read a story aloud to your child. Need an e-book? Find one here.</p> <p>When your child is doing their alone time reading, remind them to "take a book walk" before they begin.</p>

Week 2 coaching plan

Reading tip of the week: I have another question		
Monday	Tuesday	Wednesday
<p>This week, after you're done reading a book together, you're going to ask your child questions that lead to a conversation. Watch this video for some ideas.</p> <p>Let's try it. Read and ask your child, "What happened in this book? Was that surprising? Why or why not?"</p> <p>Don't have a book at home? Here is an e-book for your child.</p> <ul style="list-style-type: none"> ● K: A Trip to the Zoo ● 1: Fair for Everyone ● 2: Grandma Always Listens ● 3: The Win-Win Club <p>Remind your child to ask themselves two questions as they read on their own: 1) "What happened in this book?" and 2) "What does it remind me of?" Have your child finish with 10 minutes of word games here (completely optional!).</p>	<p>Today, you're going to talk about predictions. First, look at the title (or take a book walk!) and take turns saying what you think the book will be about.</p> <p>Then read the book. Talk about whether or not your prediction came true and why. Remember, it doesn't really matter if your predictions were right—it's just fun to make a prediction and have a conversation.</p> <p>Don't have a book at home? Here is an e-book.</p> <ul style="list-style-type: none"> ● K: Sammy's Picnic ● 1: Maria Makes a Snake (Create a free account) ● 2: Finding Grandpa's House (Create a free account) ● 3: Amy's Halloween Secret (Create a free account) <p>Remind your child to ask themselves two questions as they read on their own: 1) "What do I think is going to happen?" and 2) "What actually happened in this</p>	<p>Today, take a moment to retell the story after you're done reading. Read a short book and then ask your child to tell you what happened first, middle, and last. Then ask them, "How do you think the character felt in the end and why?" Remember, you want to have a conversation.</p> <p>Need a book? Here are some good ones:</p> <ul style="list-style-type: none"> ● K: A Trip to the Circus ● 1: The No Tail Cat ● 2: Sophie's Rescue ● 3: Sophie's Rescue <p>Remind your child to ask themselves two questions as they read on their own: 1) "What happened in this book?" and 2) "What might the character be thinking?"</p> <p>Invite your child to listen (and follow along, if they are old enough) to a story on https://www.storynory.com/ and then retell it to you!</p>

	<p>book?” Have your child finish with 10 minutes of word games here (completely optional!).</p> <p>Need some more help with this tip? Check out the reading tip summary at the end of this coaching guide.</p>	
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Week 2 coaching plan continued

<p>Reading tip of the week: I have another question</p>	
Thursday	Friday
<p>Today, you’re going to focus on helping your child make a connection to the story. After you read a story together, ask:</p> <ul style="list-style-type: none"> • Did this remind you of anything in your life? How so? • This reminds me of _____. How does this story connect to that? <p>Need a book? Here are some good ones:</p> <ul style="list-style-type: none"> • K: Pumpkin, Pumpkin • 1: The Little Rooster • 2: I Like to Go Exploring • 3: A Sea Turtle Named Yertle <p>Remind your child to ask themselves two questions as they read on their own: 1) “What happened in this book?” and 2) “What does it remind me of?” Have your child finish with 10 minutes of word games here (completely optional!).</p>	<p>Play charades! Instead of retelling the story you read today, take turns silently acting out different events in the beginning, middle, and end of the story. Try to act out the events in the order they appeared in the story.</p> <p>Need a book? Here are some good ones:</p> <ul style="list-style-type: none"> • K: Dragon Goes to the Farm • 1: First steps • 2: Make Believe Box • 3: Fixing My Sister’s Bike (Create a free account) <p>If you’re doing this with a nonfiction text, act out interesting things you learned. Here is a great place to find nonfiction texts.</p> <p>Remind your child to ask themselves questions as they read today.</p>



	<p>Invite your child to watch a clip from Planet Earth! Then they can tell you three interesting things they learned and why it was interesting.</p>
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Check back on [Springboard Collaborative's resource page](#) for more coaching plans!

Learn the Strategy

Ask your child

Reading tip: **Take a book walk**

1. Touch the page: Encourage your child to point to all parts of the page, circle things with their fingers, etc. as they tell what they see.

2. Talk about the picture: Ask your child questions about specific things in the picture.

3. Say what happened: Discuss what your child is thinking about as they look at the pictures. What do these pictures tell us about the story?

For older kids, you can ask questions about the cover. Then flip over the book and read the back. Ask some more questions. Then read a paragraph or page in the beginning and the middle of the book. Discuss what your child “pictures” in their head.

This is a great way to get excited about a text and review some of the words or ideas your child will find before they actually read. Remember this strategy works for fiction and nonfiction texts!

- Tell me what you see in the picture.
- Where do you see that in the picture? Point to it.
- How has the picture changed from the previous page?
- What do you think may happen next? Why do you think that?
- What does this picture make you wonder?
- Who might the characters be?

For older kids

- What do you picture in your head for this part?
- What do you think is going to happen next?
- What else do you think this book may be about?

Interact & Play

Practice in the Real World


You and your child could pretend to be the characters you see in each picture. Practice talking in silly character voices. See who can come up with the most unique or interesting idea of what the characters are thinking or feeling!

Play “Walk me through your day.” Ask your child to close their eyes, picture what happened in their day. Then they can describe each part to you.

They could also picture what will happen tomorrow (or next week or a typical weekend day).

Flagging trouble spots

- Make sure you start reading from the beginning of the book. It’s fun to “guess” what the book says but even better to actually find out!

My thoughts and questions 



Learn the Strategy

Ask your child

Reading tip: I have another question

- 1. Think about predictions:** Help your child compare what they thought was going to happen to what *did* actually happen.
- 2. Retell it:** Talk more about what happened.
- 3. Connect it to you:** Help your child think of ways this story connects to their experience or other things they've read.

If we ask *Did the character win in the end?* our child will answer “yes” or “no” and that’s the end of it. But a question like *How did the character win in the end?* is “open-ended” and leads to a conversation. Talking deeper about topics it helps children understand texts deeper, too.

- Think about your prediction. What turned out to be true? What was different?
- What do you think will happen next? Why?
- What happened in the beginning? What happened in the middle? What happened in the end?
- Tell me more. What else happened?
- Did this remind you of anything in your life? How so?
- This reminds me of _____. How does this text connect to that?

Interact & Play

Practice in the Real World

Play charades! Instead of retelling the story, take turns silently acting out different events in the beginning, the middle and the end of the story. Try to act out the events in the order they appeared in the story.

If you’re doing this with a nonfiction text, act out interesting things you learned.

Children can practice making connections between their life and the life of other people with characters in a book. And then you can extend it to real people—people you know, people in the news, even people in history. You might start the conversation this way:

I can imagine how that feels because...
I had something similar happen to me when...
I bet that person thinks/feels _____ because if I was them...

Tips & tricks

- Almost any question can be turned into an “open-ended” question if you put a “why” on the end. For example, *Do you like that book? Why?*
- Use these questions before and during reading, too. It’s always the right time to ask open-ended questions!

My thoughts and questions 